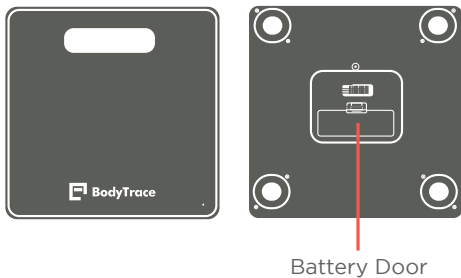


BodyTrace Weight Scale

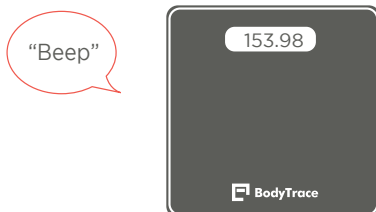
- 1 Turn weight scale upside down. Insert **4 AA batteries**. Flip the scale back over and place on a hard, flat surface.



- 2 Wake up the scale by firmly pressing your foot on the middle of the scale. Once the scale zeros out (0.00), you are now ready to take your weight.



- 3 Step on the scale. Remain still and balanced while the scale collects your weight. Once your scale locks on a reading, you will hear a “beep”. You may now step off the scale.



- 4 Your reading will automatically transmit to the Care Center. Once your reading has been successfully transmitted, you will hear a second “beep”.



- 5 10 minutes after your first reading, call the VRI team at **1-888-875-0976** then press “1” to confirm with our team that your readings were received.

After your initial set up, step on the scale each morning to take your reading. If you have questions and or need further assistance, please call our Technical Support Team at **1-888-875-0976** Opt “2”.

Please note: For best results when taking your daily reading, the scale should be placed on a hard, flat surface in a room on the exterior of your home with a window. Additionally, readings should be taken in the morning after using the restroom but prior to eating or dressing.