



PREVENTATIVE SCREENINGS

There are many preventative screenings that can help you live longer so that you can focus on enjoying life. The good news is, Medicare covers all costs of screenings that it considers preventative! We broke down a few gender specific screenings in a quick guide for you listed below:



Screenings	Recommended For			Age Recommendations	Frequency
	Men	Women	Both		
Cervical Cancer				Before 65	Every 3 Years
Breast Cancer				45-54 55+	Every Year Every 2 Years
Thyroid Hormone				All Ages	Every 5 Years
Osteoporosis				64+	Dependent on bone density
Prostate				50+	Every 2 Years
Abdominal Aortic Aneurysm				65-75	One Time
Glaucoma				All Ages	Every Year
Colorectal Cancer				45+	Every 10 Years
Dental Exam				All Ages	Every Year
Cholesterol				All Ages	Every 5 Years
Diabetes				45+	Every 3 Years
Lung Cancer				55+	Every Year <small>*If you have a 30 pack per year smoking history, are currently smoking, or quit within 15 years</small>
Physical				All Ages	Every 3 Years
Skin Exam				All Ages	Every Year
Blood Pressure				All Ages	Every Year