



# STROKES

## Know the Warning Signs



Strokes are the No. 2 cause of death worldwide and the leading cause of disability. Getting someone to the hospital within three hours of symptoms gives them the best chance for treatment and recovery, so it is important to know the warning signs. Just remember to FAST:



**F**

**face dropping.**

When you smile, does one side of your face drop?



**A**

**arm weakness.**

Try lifting both arms, does one drift downward?



**S**

**slurred speech.**

Recite a simple phrase, does the speech sound different than it normally does?

**T**

**time to call 9-1-1.**

If you're seeing these signs, it's time to call 9-1-1.