



Communication Tips for Aphasia

Aphasia is defined as the loss of ability to understand or express speech, often caused by a stroke or some sort of brain damage. Here are some tips to support communication with a loved one working through the impact of Aphasia:



Simplify questions.

When possible, use Yes or No questions.



Be patient.

Understand they are probably more frustrated than you are.



Draw or write!

It could be easier for your loved one to understand a drawing or picture OR it could be easier for them to draw or write the word.



Communicate respectfully.

Speak with them like they are an adult and refrain from using a raised voice.



Use gestures.

Sometimes physical queues are easier to interpret.



Don't question intelligence.

They may know the answer, just not how to say it.



Eliminate distractions.

Focusing on communication can make it easier for processing.



Leverage technology.

Consider using Apps that may help.